Gift	Meaning	Effects
Wisdom	Enjoying the Presence of God	<ul> <li>Improves our knowledge of God and all that leads to and comes from Him</li> <li>Knowledge of the divine life of the Blessed Trinity</li> <li>Allows us to enjoy the presence of God</li> <li>The ability to judge correctly our experiences and those events occurring around us</li> <li>Helps us know that our true happiness comes from God</li> </ul>
Understanding	Discerning Divine Truths	<ul> <li>Perfects our perception of the mysteries of the Faith</li> <li>Enables us to penetrate more deeply into the divine truths revealed by God</li> <li>Enables us to appreciate the fullness of the Catholic Faith</li> <li>Helps us understand Scripture</li> </ul>
Counsel	Making Wise Decisions	<ul> <li>Helps us judge promptly, correctly, and according to the will of God.</li> <li>Enables us to wisely choose those actions that will be for the glory of God and our own salvation</li> <li>Perfects virtue of Prudence – knowing what one ought to do in moral situation</li> <li>Need to seek and apply advice from teaching of Christ</li> </ul>
Fortitude	Having Strength of Character	<ul> <li>Makes us steadfast in the faith, constant in struggle, and faithful in perseverance</li> <li>Gives us the strength and courage to endure long and trying difficulties</li> <li>Strength to complete tasks undertaken for God</li> <li>Strengthens our will and resolve</li> </ul>
Knowledge	Using Created Things Wisely	<ul> <li>Enables us to discover the supernatural truth contained in God's creation</li> <li>Reveals the path that we should follow to Heaven</li> <li>Helps us detach from created things and use as God intended</li> <li>Supernatural light and knowledge to see that everything comes from God</li> </ul>
Piety	Knowing God as "Abba" Father	<ul> <li>Teaches us the meaning of being children of God and brothers and sisters of all mankind</li> <li>Leads us to a true love for God as our merciful Father and for all human beings as His children</li> </ul>
Fear of the Lord	Serving God Faithfully	<ul> <li>Sense of sovereign respect in the presence of an all-powerful and loving God</li> <li>Leads us to know the evil of sin and detest it</li> <li>Spirit of adoration and humility</li> <li>Awe for a just God</li> <li>Acknowledge God's authority in our lives</li> </ul>

Text adapted from the *The Blessed Trinity and Our Christian Vocation*,, by Rev. James Socias, 2009 Semester Edition, Midwest Theological Forum