

~Jump start your Lenten Prayer Journey~

# St. Albert Prayer Workshop Retreat

## Saturday ~ February 25th, 2017

### Growing Deeper in Prayer and Uniting Our Will to God's

#### Morning's Schedule:

8:45 a.m. — Participant arrival and material distribution

9:00 a.m. — 12 noon — Presentation

#### PART I

Learn how to grow deeper in prayer through Christian meditation and contemplation.

#### PART II

Learn how to unite your will to God's through surrender, detachment, and fasting.

You will learn many things that then  
can be put into practice  
starting Lent 2017!

*Lent begins the following week  
on Ash Wednesday, March 1st.*



Pre-registration is requested:  
Contact Michelle on line at  
[taketimeforhim@tds.net](mailto:taketimeforhim@tds.net)

or  
by calling St. Albert's at 763.497.2474



## Come Join Us!

Cost: Free Will Offering



The Morning's Presenters: Michelle Steele and Angela Lambert

St. Albert's Catholic Church  
11400 — 57th St. NE — Albertville, Minnesota

*Presentation sponsored by St. Albert's Adult Faith Formation Committee*